



**Tamil Nadu Physical Education and Sports University**  
**Chennai 600 127**

**Criterion 3 – Research, Innovations and Extension**

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### ***3.4.3 NUMBER OF PH.D. AWARDED***

**LETTER FROM THE UNIVERSITY INDICATING NAME OF THE PH.D.  
STUDENTS WITH TITLE OF THE DOCTORAL STUDY AND THE NAME  
OF THE GUIDE**




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Tamilnadu Physical Education  
and  
Sports University  
Chennai - 600 127.**

# **TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY**

This is to Certify that the following 49 Candidates were awarded Ph.D. during the assesment period.

S.No	Reg.No	Name of the Phd research Scholar	Name of the research Supervisor	Title
1	F1801PEFM157	APPU T	Dr.S.Manikandan	Effect of Sports Training with and Without Yogic Practices on selected Helath Related and Psychological variables among College Men Studetns
2	F1801YOPM135	C Ganesan	Dr.S.Selvalakshmi	Effect of Yogic Practices Supplemented with Mantra Chanting on Selected Behavioural Parameters"
3	A1401PEPM007	ELIAS T	Dr.Grace Helina	EFFECT OF WALL LADDER EXERCISES AND CIRCUIT TRAINING ON SELECTED BIOMOTOR AND PHYSIOLOGICAL VARIABLES AMONG SCHOOL LEVEL MALE FOOTBALL PLAYERS
4	290	MEENA G	Dr.R.Venkatesan	EFFECTS OF RESISTANCE, SURYA NAMASKAR AND COMBINED TRAINING WITH NATURAL FAT REDUCTION SUPPLEMENTATION ON SELECTED LIPID AND METABOLIC PROFILE AMONG OVERWEIGHT
5	F1701PEPM113	IRSHAD HASSAN C	Dr.K.Kannadasan	ALAYSIS OF PSYCHOLOGICAL PROFILE AMONG KERALA YOUTH SOCCER PLAYERS IN DIFFERENT PLAYING POSITIONS
6	F1801PEFM155	THENNILAVU G	Dr.S.Manikandan	EFFECT OF FITNESS TRAINING WITH AND WITHOUT YOGIC PRACTICES AND SCREEN TIME CONTROL ON SELECTED HEALTH RELATED PHYSICAL FITNESS AND PSYCHOLOGICAL VARIABLES AMONG WOMEN WITH POOR QUALITY OF SLEEP
7	374	KOSHY ALEXANDER VAIDYAN	Dr.S.Thirumalai Kumar	COMPREHENSIVE ANALYSIS OF WORLD ALLIANCE OF YMCAS TOWARDS PROMOTION OF PHYSICAL EDUCATION, SPORTS AND ADVENTURE CAMPING
8	F1401PEFM005	RAJKUMAR M	Dr.P.Rajinikumar	ANALYSIS OF FLAT SERVICE IN TENNIS
9	F1601PEPW079	DHANALAKSHMI C	Dr.P.K.Senthilkumar	IMPACT OF RESISTANCE AND COMPLEX TRAINING ON SELECTED SKILL RELATED FITNESS AND PHYSIOLOGICAL COMPONENTS AMONG WOMEN KABADDI PLAYERS
10	F1801PEFM154	MOORTHY M	Dr.S.Manikandan	EFFECT OF NATIONAL CADETS CORPS TRAINING AND PHYSICAL FITNESS TRAINING ON SELECTED ANTHROPOMETRIC MOTOR FITNESS AND PHYSIOLOGICAL VARIABLES AMONG COLLEGE NCC STUDENTS
11	F1901PEFM175	PRASANNA M	Dr.S.Manikandan	EFFECT OF HIGH INTENSITY GAME SPECIFIC TRAINING WITH AND WITHOUT BALANCED DIET ON SELECTED PHYSIOLOGICAL AND SKILL PERFORMANCE VARIABLES AMONG FOOTBALL PLAYERS
12	F1701PEPM112	SANGEETHA K	Dr.K.Kannadasan	impact of saq training with and without mental rehearsal technique on selected psychomotor psychological and game skill variables among women basketball players
13	A1701YOFM127	HEMAMALINI M	Dr.V.Duraisami	EFFECT OF YOGIC PRACTICES WITH AND WITHOUT DIET MODIFICATIONS ON SELECTED RISK FACTORS AMONG WOMEN WITH OLIGOMENORRHEA
14	A1701STPW114	VIKAS MALIK	Dr.R.Ramakrishnan	"DESIGN AND ANALYSIS OF SPORTS FITNESS STRUCTURES"
15	F1601PEW077	NAGAMUNI BOKKASAM	Dr.I.Lilly Pushpam	EFFECT OF PLYOMETRIC AND CIRCUIT TRAINING ON SELECTED PHYSICAL PSYCHOLOGICAL AND SKILL RELATED PERFORMANCE VARIABLES AMONG ENGINEERING COLLEGE VOLLEYBALL PLAYERS
16	139	MUTHUVENKATA SUBRAMANIAN N	Dr.V.Mangaiyarkarasi	AGEING HEALTH AND PHYSICAL ACTIVITIES A SOCIOLOGICAL STUDY
17	A1701YOPM124	ANANTHAN PILLAI S	Dr.V.Duraisami	EFFECT OF YOGIC PRACTICES WITH AND WITHOUT DIET MODIFICATIONS ON SELECTED RISK FACTORS AMONG MEN WITH ANDROPAUSE

  
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18	A1701SMFW122	MADHU SUDHAN SUBEDI	Dr.S.Prem Kumar	STATUS OF GOVERNANCE IN NATIONALSPORTS FEDERATIONS: A STUDY WITH REFERENCE TO INDIA
19	A1901PEFM185	KEERTHANA V	Dr.P.Kumaravelu	HEALTH AND FITNESS STATUS OF NON-PHYSICAL EDUCATION COLLEGE WOMEN STUDENTS AND INTERVENTION OF FITNESS AND RECREATIONAL PRORAMME ON SELECTED FITNESS PHYSIOLOGICAL AND PSYCHOLOGICAL PARAMETERS
20	F1801PEPM156	HARIS BABU K S	Dr.S.Manikandan	EFFECT OF AQUA ENDURANCE TRAINING AND AQUA STRENGTH TRAINING ON SELECTED MOTOR FITNESS AND PHYSIOLOGICAL VARIABLES AMONG COLLEGE LEVEL ATHLETES
21	F1601PEPW083	SHIHABUDHEEN PAIKARATHODI	Dr.I.Lilly Pushpam	INFLUENCE OF PLYOMETRIC AEROBIC AND RESISTANCE TRAINING ON SELECTED MOTOR FITNESS COMPONENTS, PHYSIOLOGICAL AND BIOCHEMICAL VARIABLES AMONG COLLEGE LEVEL MALE SOCCER PLAYERS OF KERALA
22	F1801PEFM152	SATHISH KUMAR H	Dr.S.Thirumalai Kumar	STATUS ANALYSIS OF PHYSICAL AND SOCIAL VULNERABILITY OF COASTAL AREA CHILDRED AND INTERVENTION OF PHYSICAL EDUCATION PROGRAMME WITH AND WITHOUT HATHA YOGA PRACTICES ON SELECTED HEALTH RELATED FITNESS AND PHYCHO SOCIAL VARIABLES
23	F1801STPW141	NITHYA N	Dr.G.Nallavan	MACHINE LEARNING MODEL FOR ANALYSING THE MOVEMENT OF CRICKET PLAYER AND MONITORING THE BIOMETRIC DATA
24	F1801YOFM131	VIDHYA SHANKARI S	Dr.S.Selvalakshmi	EFFECT OF YOGIC PRACTICES INTEGRATED WITH YOGA NIDRA AND TRATAKA ON SELECTED RISK FACTORS AMONG WOMEN WITH SLEEP DISORDERS"
25	A1601PEFM092	JAMAL SHERIF G F	Dr.S.Thirumalai Kumar	Effect of Traditional and Computer Assisted Fitness Training on Selected Health Related Fitness Variables and Coordinative Abilities Among Hearing Impaired Students
26	F1701PEPM115	SAJEED K P	Dr.S.Manikandan	Efficacy Of Sand And Aquatic Training On Bio-Motor Physiological And Skill Performance Variables Of Lakshadweep Badminton Players
27	A1701YOFM123	LOGANAYAGI S	Dr.V.Duraisami	Effect of Yogic Practices With and Without Diet Modifications on Selected Risk Factors Among Polycystic Overy Syndrome Adults
28	F1501STPW044	ELUMALAI G	Dr.R.Ramakrishnan	Wireless Sensor Network (WSN) based Analysis of Healthcare and Movement Parameters for the Horizontal Distance Event-Javelin
29	A1601PEFM078	YASHWANTHA REDDY B	Dr.I.Lilly Pushpam	EFFECT OF PHYSICAL EXERCISES FARTLEK AND COMBINED TRAINING ON SELECTED PHYSICAL PHYSIOLOGICALAND PSYCHOLOGICAL VARIABLES AMONG MEN TRAINEE SUB INSPECTORS OF ANDHRA PRADESH
30	F1501PEPM039	GIRINATHAN M	Dr.I.Lilly Pushpam	"EFFECT OF CONTINUOUS TRAINING AND INTERVAL TRAINING ON SELECTED PHYSICAL PHYSIOLOGICAL AND BIOCHEMICAL VARIABLES AMONG COLLEGE LEVEL BOXERS"
31	A1601PEPM082	SELVA MURUGA MANI S	Dr.P.K.Senthilkumar	Influence of Resistance Cardiovascular and Concurrent Training on Selected Health Related Physical Fitness and Cardiopulmonary Parameters Among Middle Aged Men
32	A1401PEPM012	DINAKARA PRASAD M	Dr.S.Thirumalai Kumar	Effect Of Indian Indigenouse Exercise Programme With And Without Nutritional Counseling On Selected Health Related Physical Fitness And Physiological Variables Among Obese Engineering College Students
33	A1601PEFM089	HARIGARAN D	Dr.S.Thirumalai Kumar	Prediction Of Swimming Performance Based On Selected Anthropometric And Somatotyping Variables Among State Level Swimmers
34	A1601PEFM099	GANESH KUMAR T	Dr.P.K.Senthilkumar	Impact of Specific Skill and Neuromuscular Training on Selected Physical Physiological and Skill Related Variables Among State Level Male Junior Badminton Players
35	F1701PEFM117	KARTHIKEYAN N	Dr.S.Thirumalai Kumar	Prediction of Playing Ability in Volleyball from Selected Kinanthropometric Motor Fitness Psychological and Game Skill Variables Among Intercollegiate Level Players
36	391	KARTHIKEYAN K	Dr.P.Rajinikumar	Influence Of Selected Performance Related Fitness Anthropometric Biomechanical And Psychological Variables On Sprint Performance Among Elite Sprinters

37	A1401PEFM002	PURUSHOTHAMAN R	Dr.P.Rajinikumar	Analysis Of Biomechanical Variables In Relation To Sprinting Performance
38	A1401PEFM001	KALAISELVAN R	Dr.P.Rajinikumar	Analysis of Dominant Factors in Goalkeeping Ability Among Field Hockey Goalkeepers
39	157	SIBY THOMAS	Dr.I.Lilly Pushpam	Effect of Isolated and Combined Strength and Endurance Training on Selected Anthropometric Physical and Physiological Variables of College Women
40	F1701PEPM118	MAHABOOB BASHA U	Dr.S.Manikandan	Effect of Specific Skill Training and Small Sided Games on Selected Motor Fitness Psychological and Skill Performance Variables Among Football Players
41	145	SEMMAL SYED MEERASA	Dr.Shahin Ahmed	Relationship Between Psychophysiological Parameters and Inflammatory Biomarker C Reactive Protein Among Sports And Non-Sports Personnel
42	A1401SPFM017	LAKSHMAN KUMAR M	Dr.Shahin Ahmed	Impact of Counseling and Life Skills Training on Psychosocial Aspects and Sports Performance Among Amateur Tennis Players
43	168	IRUDHAYARAJ N	Dr.Shahin Ahmed	Impact of Self-Regulatory Techniques and Yogic Practices on Psychological and Performance Aspects Among Men Hockey Players
44	A1501SPFW043	SRIVIDHYA S	Dr.Shahin Ahmed	Effect of Tai Chi and Mindfulness Based Cognitive Therapy on Conduct Disorders Among Early Adolescent Boys
45	A1501YOFM050	PATTABI S	Dr.S.Selvalakshmi	Impact of Astanga Yoga With and Without Super Brain Yoga on Selected Behavioral Cognitive and Socio-Psychological Parameters Among Urban School Boys Learning Disabilities
46	A1601YOFM103	DEB KUMAR DAS	Dr.S.Selvalakshmi	Effect of Yogic Practices With and Without Panchakarma Therapy on Selected Risk Factors Among Men With Low Back Pain
47	A1601YOFM090	HARIKRISHNAN J	Dr.S.Selvalakshmi	Efficacy of Yogic Practices With and Without Diet Modification on Selected Neuromuscular Ophthalmological and Psychological Parameters among School Children with Myopia
48	A1601EPFM101	SONA SANTHAKUMARI G	Dr.Grace Helina	influence Of Selected Performance Related Fitness Anthropometric Biomechanical And Psychological Variables On Sprint Performance Among Elite Sprinters
49	A1401EPPM037	JAYANTHI V	Dr.V.Muruguvalavan	Analysis of Selected Body Composition Physiological Biochemical and Nutritional Status Among Qatar Women

  
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